



# DUMPLINS

BISTRO & BAKERY

THE SHOPPES AT NORTHPARK

# SCRUMPTIOUS SALADS

Mixed spring greens & spinach with homemade croutons.

Add chicken 2.50 | Add shrimp 3.75

Dressing Choices:

Ranch | Raspberry Vinaigrette | Balsamic Vinaigrette | Apple Vinaigrette | Honey Mustard Bleu Cheese |  
1000 Island | Poppy Seed | Caesar | Vinegar & Oil | Orange Yogurt

- Chef Salad***- Bacon, ham, turkey, assorted cheese, tomato and cucumber. 10.49
- Apple Walnut Salad***- Apples, glazed walnuts, bacon bits, feta cheese & balsamic vinaigrette. 10.99
- Grilled Chicken Salad***- Cheddar and mozzarella cheese, cucumber, mushroom, tomatoes, bacon. 10.49
- Goat Cheese Salad***- Strawberries, mango, spicy pecans, coconut encrusted fried goat cheese, with raspberry vinaigrette on spring greens. 10.99
- Smoked Turkey Salad***- Low-fat cheese, cucumber, mushrooms, tomatoes, and spices. 10.49
- Orange Chicken Salad***- Diced chicken, mandarin oranges, raisins, cashews and orange yogurt dressing. 10.49
- Spring Fruit Salad***- Choice of chicken, tuna or crab salad served with assorted fruit and orange yogurt dressing. 10.49
- Trio Sampler Plate***- Scoops of chicken salad, tuna salad, and pimento cheese arrayed on a bed of lettuce. Served with assorted fruit. 10.49
- Crispy Apple Grilled Chicken Salad***- Grilled chicken, Seneca apple crisps, tomatoes, cranberries and feta cheese served with honey Dijon mustard and apple vinaigrette dressing. 10.49
- Chicken, Tuna, or Crab Salad***- Served on a bed of greens with tomatoes, cucumber and croutons. 10.49

## WRAPS

Served with soup, chips or fruit.

- Chicken Bacon Ranch***- Grilled chicken, smoked bacon & ranch seasonings encased in a flour tortilla with lettuce and tomatoes. 9.49
- Southwest Chicken***- Savory grilled chicken with barbeque-blue cheese dressing, lettuce and tomatoes wrapped in a sun dried tomato tortilla. 9.49
- Crab and Ranch***- Crab Salad with ranch dressing, lettuce and tomatoes wrapped in a flour tortilla. 9.49
- Shrimp***- Seasoned shrimp with guacamole, salsa and lettuce in a spinach tortilla. 10.49
- Veggie Wrap***- Grilled Onions, green peppers, lettuce, tomatoes and cucumber. 9.49
- Strawberry Fields***- Grilled chicken, strawberries, spinach, goat cheese and balsamic vinaigrette. 9.49

# TASTY ENTRÉES

<b>Chicken and Dumplings-</b> Served with side salad.	8.99
<b>Chicken Bacon Ranch Pizza-</b> Tasty grilled chicken with hickory smoked bacon layered on our garlic and basil flatbread, topped with mozzarella and ranch dressing. Served with a side salad.	9.99
<b>Diet Special Grilled Chicken-</b> Seasoned grilled chicken, served with fruit and green beans.	11.99
<b>Lemon Pepper Chicken-</b> Served over rice pilaf, with choice of one side and choice of soup or salad.	11.99
<b>Malibu Chicken-</b> Grilled and Smothered with sautéed mushrooms, bacon and cheese served with one side item, plus choice of soup or salad.	11.99
<b>Shrimp &amp; Grits-</b> Sautéed Shrimp with bacon, garlic and mushrooms over cheddar and Parmesan cheese grits!	12.99
<b>Grilled Salmon-</b> Lightly seasoned, served with rice, one vegetable and soup or salad.	14.99
<b>Vegetable Plate-</b> Soup or salad may be substituted as a vegetable.	3 Veggies- 5.99   4 Veggies 7.99

# SANDWICHES

All served on homemade white or wheat bread with soup, salad or chips.  
Upgrade to a Crossiant for 1.

	Half /Whole		Half /Whole
<b>Smoked Turkey &amp; Swiss</b>	7.69 / 8.49	<b>Chicken Salad</b>	7.69 / 8.49
<b>Honey Ham &amp; Cheese</b>	7.69 / 8.49	<b>Tuna Salad</b>	7.69 / 8.49
<b>Pimento &amp; Cheese</b>	7.69 / 8.49	<b>Crab Salad</b>	7.69 / 8.49
<b>Bacon/Lettuce/Tomato</b>	7.69 / 8.49	<b>Chicken Salad</b>	7.69 / 8.49

w/craisins and pecans (.50)

# DELUXE SANDWICHES

Served on grilled ciabatta or wheat bread with choice of potato salad, soup, salad, chips or fruit.

<b>Spicy Black Bean Chipotle Burger-</b> Black bean veggie burger with a 'whoa!' flavor.	9.49	<b>Club Deluxe-</b> Smoked turkey, ham, bacon, lettuce, tomato and mayo.	9.49
<b>Grilled Chicken-</b> Grilled chicken breast, smothered in Swiss cheese, sautéed onions & peppers.	9.49	<b>Turkey Reuben on Rye-</b> (or wheat) Swiss cheese, sauerkraut and thousand island dressing.	9.49
<b>Grilled Chicken Caesar-</b> Grilled chicken breast topped with spinach, tomatoes, mozzarella and Caesar dressing.	9.49	<b>Mr. Buddy's Roast Beef-</b> Roast beef and gravy layered between slices of bread and then covered with gravy. Served with a side of mashed potatoes and gravy.	9.99
<b>Turkey Pillard-</b> Grilled turkey breast and spinach with Swiss or goat cheese, topped with cranberry mayo.	9.49	<b>Choice Roast Beef Sandwich-</b> Roast beef, Au jus, and Swiss cheese.	9.99

# H.R.H. DUMPLIN'S PLATE OF THE DAY

**Roast Beef**- Served daily over rice with two of our plate vegetables. 10.49

## Monday:

**Poppy Seed Chicken Casserole**- Poppy seeds, chicken, cracker crumbs, cream of chicken base on a bed of white rice. Served with soup or side salad. 9.49

**Crab Quiche**- Served with soup or side salad. 9.49

**Meatloaf**- Served with two vegetables (green beans, mashed potatoes, corn, black-eyed peas or baked apples). 9.99

## Tuesday:

**Almond Chicken Casserole**-Chicken, almond slices, celery, cream of chicken base on a bed of white rice. Served with soup or side salad. 9.49

**Three Cheese Quiche**- Served with soup or side salad. 9.49

**Chicken and Dressing**- Served with two vegetables (green beans, mashed potatoes, corn, butter beans, or sweet potato casserole). 9.99

## Wednesday:

**Chicken Tetrizzini Casserole**- Chicken, spaghetti, cheddar cheese, pimentos, and mushrooms. Served with a soup or side salad. 9.49

**Quiche Lorraine**- Bacon quiche served with soup or side salad. 9.49

**Chicken Pot Pie**- Served with two vegetables (green beans, mashed potatoes, corn, hash brown casserole or hot pineapple casserole). 9.49

## Thursday:

**Poppy Seed Chicken Casserole**- Poppy seeds, chicken, cracker crumbs, cream of chicken on a bed of white rice. Served with soup or side salad 9.49

**Crab Quiche**- Served with soup or side salad. 9.49

**Chicken Bryan**- Boneless chicken breast smothered with mushrooms, sun dried tomatoes, and goat cheese. Served with two vegetables (green beans, butter beans, corn, mashed potatoes, corn or sweet potato casserole). 9.99

## Friday:

**Almond Chicken Casserole**- Chicken, almond slices, celery, cream of chicken base on a bed of white rice. Served with soup or side salad. 9.49

**Quiche Lorraine**- Bacon quiche. Served with soup or side salad. 9.49

**Hamburger Steak**- Served with two vegetables (green beans, mashed potatoes, corn, baked potato casserole or macaroni and cheese). 9.99

**Oven Roasted Pork Loin**- Served with two vegetables (green beans, mashed potatoes, corn, baked potato casserole or macaroni and cheese). 10.49

## Saturday:

**Chicken Tetrizzini Casserole**- Chicken, spaghetti, cheddar cheese, pimentos, and mushrooms. Served with a soup or a side salad. 9.49

**Three Cheese Quiche**- Served with soup or side salad. 9.49

**Roast Beef**- Served on a bed of rice with two of our plate vegetables. (green beans, mashed potatoes, lima beans, corn, or sweet potato casserole) 10.49

# AWARD WINNING DESSERTS

## *Dumplin's Apple Dumplin!*

A pastry-encrusted granny smith apple topped with cinnamon sugar and caramel topping. 5.99

## *Famous Strawberry Cake*

Made from scratch with fresh strawberries daily. 4.49

## *Homemade Cakes of the Day*

Double Chocolate, Hummingbird, Italian Coconut Cream, White Chocolate Chip, Caramel, Red Velvet, German Chocolate. 4.49

## *Homemade Pies*

Chocolate, Coconut, Lemon, Ice Box, Variety (seasonal) 4.49/ Nut Pies 4.49

## *Chocolate Majesty*

Decadent chocolate and cream cheese blended into a pecan cookie crust topped with whipped cream. 4.49

## *Banana Split*

(Low Sugar) Graham cracker crust filled with sugar-free pudding, bananas and crushed pineapple, covered with non-dairy whipped cream. 4.49

# REFRESHING DRINKS

Iced Tea	2.79	Milk	2.79
Hot Tea	2.79	Soft Drink	2.79
Fruit Tea	2.95	Coffee	2.79

Soft Drinks- Lemonade, Coke, Diet Coke, Coke Zero, Dr. Pepper, Diet Dr. Pepper

# KID'S MENU

Served with a side salad, chips or fruit and a sugar cookie with sprinkles.

Chicken Nuggets	6.49	Peanut Butter and Jelly	6.49
Grilled Cheese	6.49	Cheese Pizza	6.49

# CATERING & SPECIALTY CAKES

731-664-4959

[dumplinsjackson@eplus.net](mailto:dumplinsjackson@eplus.net)

Dumplins is known for it's specialty bakery. Our specialty cakes will make your party a unique celebration. We are the wedding cake specialists in West Tennessee!

Call us for your private cake consultation!

Dumplins offers quality catering with 2 banquet rooms on location or offsite events for your special occasion or meeting. No budget is too small or too large!

Come home to Dumplins!

It's our pleasure to serve you!

# CATERING PRICING

## Casserole

4 Serving	19.99
8 Serving	35.99
12 Servings	45.99

## Salad

4 Servings	12.99
8 Servings	21.99
12-15 Servings	29.99

## Casserole/Salad Combo

4 Servings	28.99
------------	-------

## Soups

Cup	3.95
Bowl	5.50
Pint	8.99
Quart	14.99

Quiche - Whole 27.99

Rolls - Dozen 11.99

Bread - Loaf 4.99

## Butter

Cup	3.99
Bowl	4.99
Pint	5.99

Teas - Gallon 4.25

Lemonade - Gallon 6.25

Fruit Tea - Gallon 11.99

## Vegetables

4 Servings	13.99
8 Servings	24.99
12 Servings	34.99
Cup	2.49

## Salad Dressings

Cup	2.99
Bowl	3.99

## Dumplings

Cup	4.50
Bowl	6.49
Pint	9.99
Quart	16.99

## Chicken Salad

Cup	4.75
Bowl	6.25
Pint	9.49
Quart	15.99
w/craisins & pecans	add .50

Cake - Whole 38.99

Dessert Majesty Whole 34.99

Pies - Whole 19.99

Leave us a review:

